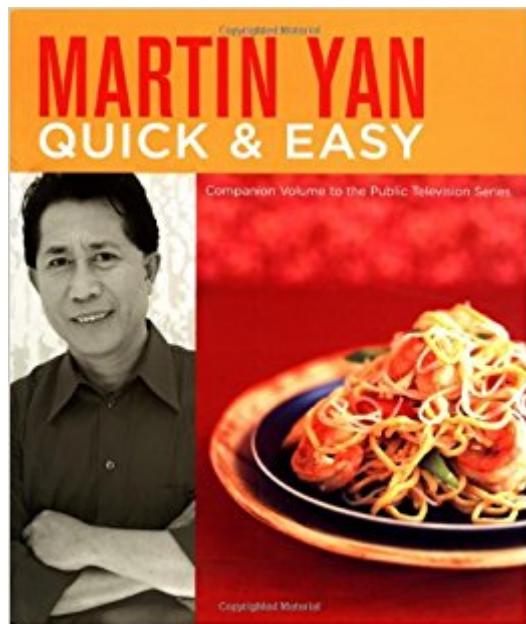


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Martin Yan Quick And Easy



Synopsis

The companion volume to Martin Yan's new PBS series of the same name, this cookbook is the ideal introduction to Asian cooking. Wok-full of great tips and techniques, plus sources for easily locating unusual ingredients, here are more than 150 truly easy recipes that taste great and cook up fast -- all in under 30 minutes! Classic potstickers with spicy dipping sauce can be made ahead and frozen for impromptu guests-to-impress dinners. Korean-Style Lamb Chops pair up perfectly with crisp-and-tender Flash-Fried Asparagus and Long Beans. For those who like it hot, Three-Alarm Firecracker Shrimp packs a spicy punch with a menage a trois of chiles until Coconut Custard creaminess cools things down. Basics include the recipe for mastering steamed rice, a glossary of terms (know your miso from your mirin), and striking photographs throughout illustrating the food, essential equipment, and helpful techniques. No one is as well-known or well-loved for bringing Asian food into our home kitchens. With foolproof recipes conjured up fast, Martin Yan works his magic once again!

Book Information

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Customer Reviews

Yan admits to having "eaten my way across Asia more times than I can count." Luckily, he collected plenty of recipes along the route. These recipes are for simple, traditional dishes, many of which may have been slightly modified to appeal to Western palates and schedules (most meals can be made in under a half hour). Yan, who hosts a PBS series, employs modern conveniences such as rice-cookers and microplane graters to expedite food prep, and suggests buying sauces from your local Asian market, if you happen to live near one. He presents a list of items he suggests should be

staples of the amateur chef's Asian pantry and refrigerator. Yan directs novices to an overview of online resources and even provides a glossary of ingredients for the Asian-impaired. Basic recipes such as Sushi Rice, Spicy Soy Dipping Sauce, and Sweet-and-Sour Shredded Carrots are dispatched in a half page each. The next section, titled "Small Bites and First Courses," includes 81 appetizing dishes, such as Marbled Tea Eggs, and Crab and Asparagus Soup. The meatiest section, "Main Courses," features dishes like Mirin-Ginger Crab and Lemon-Pepper Beef. The book finishes off with tasty "Deserts and Drinks," such as Spiced Banana Rolls and Lychee Lemonade. Yan does a good job of demystifying Asian cuisine and bringing a touch of zen into our hurried lives. Photos. Copyright © Reed Business Information, a division of Reed Elsevier Inc. All rights reserved.

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-Publishers Weekly

This cook book is a fantastic resource for quick Asian cooking. The recipes are not long or filled with too many ingredients that are hard to find.

Already left a very positive review. Easy, fun and gave as a gift after a few dishes were served and enjoyed

Martin Yang knows what he's talking about and is able to demonstrate how to cook Vietnamese. It's a good reference to have.

My hero. Great book.

This is probably the best Chinese (oriental) cook book for people (myself) who want to learn to cook Chinese dishes because all the ingredients are readily available in your local supermarket. Easy to read and prepare, no need to seek out exotic spices and buy "oriental" cookware just use your everyday pot and pan.

Great cookbook. Recipes are simple, easy, and delicious.

What a great book! Beautifully put together with stain-proof pages;) The ingredients are easy to find, steps are easy to follow, food comes out like the picture! Most of the ingredients should already be in your cabinets if you cook lots of Asian meals (I live in Japan). A great cook book! I tried the Honey-Garlic Green Tea Shrimp tonight...YUUUUMMY! I agree with most reviews...a must have cookbook.

I have watched Yan can cook. I feel his recipes and methods are right for me.

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